

Carr Head Primary School.

PE Policy.

Introduction:

At Carr Head Primary School we recognise the important role PE plays in the curriculum and we are committed to providing all children with opportunities to engage fully in physical education. PE and school sport should provide opportunities for all pupils to become physically literate and confident in a way which also supports their health and fitness. Children should acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading healthy, active lives as well as the values of sportsmanship, fairness and respect through the sports and activities they participate in.

Aims:

- develop knowledge, skills and understanding of a range of sporting activities
- lead healthy and active lives, picking up positive habits for their future lives
- to use sport to build pupils self-confidence and self-esteem
- to promote safe practice in all activities
- to compete in games and activities in a collaborative team
- increase participation in competitive sports both in and out of school

Health and Safety:

There is an element of risk when participating in PE and school sport. Staff are responsible for ensuring they are familiar with the current risk assessment and other safe practices in PE in order to reduce the element of risk to a minimum.

- Staff are aware of pupils who have special needs with regards to physical activity and make any necessary provision.
- Staff know and follow the safe practices when moving and using equipment
- Pupils are in the correct PE kit with long hair being tied back. Watches should be removed.
- Issues with the safety of PE equipment should be referred to the subject leader immediately.

Curriculum:

Children in Y1-Y6 have 2 PE lessons each week – one indoors and one outdoors. EYFS have one timetabled lesson per week. They have daily access to the outdoor and a

range of physical activities/ challenges. For the first 2.5 terms, Y5 will go swimming for one of their lessons.

Staff follow the national curriculum when planning lessons. They also have access to the PE passport APP which also helps with lesson planning.

Assessment:

Assessment in PE should take the form of watching the children work in lessons, talking to them about what they are doing and listening to them describe their work.

Photographs and videos are useful as a form of assessment and for children to evaluate their work.

At the end of the academic year, children are assessed on whether they are at the expected standard for their age or working below it.

Date Agreed:

Review Date:

DRAFT