



## Young People's Mental Health

## Concerned about your Mental Health? Are you under 18 or concerned about someone under 18?

## Advice sessions are available on-line via Attend Anywhere

Log on using the hyperlink – https://nhs.vc/lscft-camhs-cps-fylde-wyre

Select start video call Enter the word "drop" as the first name and "in" as the second name followed by your date of birth. You will then enter our virtual waiting area where we will collect you.

## Every Wednesday 3pm – 7pm (starting Wednesday 2<sup>nd</sup> December 2020)

Safe Personal Effective